# PROJECT



February 2020

# **Ruffled Cushions**

Ruffler Foot

# WHAT YOU WILL NEED

Janome Sewing Machine Ruffler Foot Zig Zag Foot A 1/4 Inch Seam Foot **O** (used foot with no side guide) Satin Stitch Foot F Button Sewing Foot T Automatic Buttonhole Foot R Janome Sharp Needle size 12 Janome Plastic Bobbin Thread Snips / Scissor Seam Ripper / Quick unpick **Dressmaking Pins or Wonder Clips** Fabric erasable pen or chalk pen Cutting mat / Rotary cutter / Ruler Tape measure Iron and ironing board

FABRIC & NOTIONS (for both cushions) 50cm Plain Pink Satin Lining (width of roll) 1m Light Blue Fabric with swirls with sparkle 5 or more various fabric pieces 1 Square piece of feature fabric 1 x Reel light blue sewing thread 200m (blue cushion) 1 x Reel pink sewing thread 200m (pink cushion) 6 x Buttons 20mm 2 x Cushion inserts - Size 16

# **CUTTING INSTRUCTIONS**

# **Blue Cushion**

Cut feature fabric 11½" x 11½" (29cm x 29cm) Cut 2 dark pink strips 1½" x 11½" (4cm x 29cm) Cut 2 pink strips 1½" x 15" (4cm x 38cm) Cut 4 pink satin strips 3" x width of fabric (8cm) Cut 2 blue strips 3" x 15" (8cm x 38cm) Cut 2 blue strips 4" x 201/2" (10cm x 52cm) Back (cut to include fabric selvedge on the short side) Cut 2 blue pieces 201/2" x 14" (52cm x 36cm)

# Pink Cushion

Cut 2 pink satin strips 3" (8cm) x width of fabric Cut 1 blue strip 6½" (27cm) x width of fabric Cut 2 x blue strips 1<sup>3</sup>/<sub>4</sub>" x 16" (4<sup>1</sup>/<sub>2</sub>cm x 41cm) Cut 2½" (6½cm) strips of various fabrics & lengths (joined to make 6 rows x 16" (41cm) - strip rows) Back (cut to include fabric selvedge on the short side) Cut 2 x pink 15½" x 13" (39cm x 33cm)



# **BLUE CUSHION INSTRUCTIONS**



# Step 1

Thread the machine.

Place the ¼ inch seam foot on the machine. Take 2 pink satin strips and stitch them together, making one long strip. Do the same with the other 2 pink satin strips.

# Step 2

Attach the ruffler foot to your machine, using the instructions supplied with the foot on how to attach it. Set the ruffler to ruffle each stitch.

Select straight stitch, Stitch length 3, Stitch width CNP (centre needle position)

Set the speed slide to slow.

*Tip: Prior to ruffling, place the needle thread through the* ruffler by placing a piece of fabric under the foot, press needle up/down button, then pull out the fabric, the thread will pull through the foot.

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# Step 3

Select one of the 2 pink satin strips, feed it through the ruffler until the fabric is under the foot. Then, turn the balance wheel to manually stitch the initial stitches to check that there are no issues. Start sewing at a slow speed, guiding the fabric accordingly.

*Tip: The ruffler foot movement can be distracting, you need to watch the fabric is feeding straight.* 



# Step 4

Now, ruffle the other side of the strip. Do the same 2 steps with the second pink satin strip.



The finished ruffled strip will look as per below.



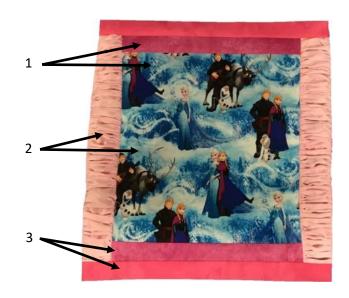
#### Step 5

Remove the ruffler foot. Attach the ¼ inch seam foot Select piecing stitch, check stitch length is 1.8mm

Stitch the dark pink strips to the top and bottom of the featured fabric, then press - see 1 in below image.

Next, stitch the pink ruffled strips to the sides of the featured fabric square - see 2 in below image. Trim pink ruffled strip top and bottom as required.

Attach the pink strip top and bottom - see 3 below. Then press



# Step 6

Attach the 2 blue strips  $3'' \times 15''$  (8cm x 38cm) top and bottom. Trim and neaten edges as required. Then attach the 2 blue strips  $4'' \times 20\frac{1}{2}''$  (10cm x 52cm) to right and left sides.





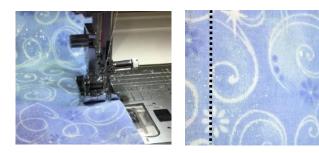
# Step 7 Cushion back

You have 2 blue pieces  $20\frac{1}{2}$ " x 14" (52cm x 36cm). On the shorter edge with the fabric selvedge, measure in  $2\frac{1}{2}$ " (6½cm) and press.

Still using the ¼ inch seam foot.

Increase the stitch length to 2.5 and top stitch along the pressed fold.

Then, measure in 2" (5cm) from the folded edge and topstitch, making sure you are catching the under folded fabric. Do the same to the second blue piece.



# Step 8 Buttonholes

Take one of the blue pieces, on the edge you just topstitched, fold it in half and mark the centre using a fabric erasable pen.

Select the buttonhole stitch.

Place button in the back of the foot. Attach the automatic buttonhole foot,

Tip: Before sewing the buttonhole, place the needle thread through the buttonhole foot by placing a piece of fabric under the foot, press needle up/down button twice, then pull out the fabric, the top thread will pull through the foot.

Stitch the buttonhole. (refer to machine manual for instructions on how to use buttonhole foot) Next, measure and mark 3" (8cm) on both sides of the sewn buttonhole. Then, stitch buttonholes.

Open, buttonholes using the seam ripper.

Take the second blue cushion back piece. Lay the topstitched edge under the buttonholed piece to mark for the button placement.

Note: The 2 sections will be overlapping each other approx. 2" (5cm)

# Step 9 Sewing on the buttons

Attach the button sewing foot.

On your machine open Sewing Applications and select Sewing on a Button application.

OR set your machine to zigzag, stitch width 3.5mm and drop the feed dogs.

Stitch on all 3 buttons, on the marked locations.



Now, button the 2 back pieces together.

# Step 10

Place the top and back sections right-sides together and trim edges, if required, then pin together.

# Step 11 Joining cushion front and back

Attach the ¼ inch seam foot, then stitch around the outer edge of the cushion. Turn through to the right side and press.

# Step 12 Topstitching

Topstitch around the cushion edge, using the  $\frac{1}{4}$  inch seam foot, stitch length 3.5mm, use a topstitch stitch. Then, topstitch the inner section as shown below, using the satin stitch foot **F**. Inner top stitching is 1" (2.5cm) into blue on the right and left sides and stitch in the ditch on the top and bottom sections.





# Step 13

Press the cushion cover. Place the cushion insert into the cushion cover.

### FINISH.



# **PINK CUSHION INSTRUCTIONS**



#### Step 1

Thread the machine with the pink thread. Place the ¼ inch seam foot on the machine. Take 2 pink satin strips and stitch them together on the short side, making one long strip.

# Step 2

Attach the ruffler foot to your machine, using the instructions supplied with the foot on how to attach it. Set the ruffler to ruffle each stitch.

Select straight stitch, Stitch length 3, Stitch width CNP (centre needle position)

Set the speed slide on the sewing machine to slow.

#### Step 3

Feed the pink satin strip, through the ruffler until the fabric is under the foot. Then, turn the balance wheel to manually stitch the initial stitches to check that there are no issues. Start sewing at a slow speed, guiding the fabric accordingly.

Tip: The ruffler foot movement can be distracting, you need to watch the fabric is feeding straight.



# Step 4

Change the ruffler to ruffle every 6th stitch. Take the blue strip 6½" (27cm) x width of fabric and ruffle down one long edge. Then, repeat on the other side. You now have one long blue ruffled piece.

#### Step 5

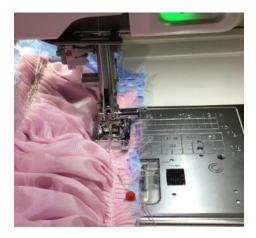
Attach the zig zag foot **A.** Select straight stitch. Check your blue ruffled piece is long enough to attach to each side of the pink ruffled strip.

*Tip: Do not cut the blue ruffled strip, at this time.* 

With right sides together, pin the blue ruffle to the pink ruffle. Stitch together.

Tip: Make sure your seam line is stitching inside the ruffle stitches, otherwise when you open out to the right side, you may see the ruffle stitch line.

Trim off the excess blue ruffle, pin to the other side of the pink ruffle and stitch together.



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# Step 6 Strip piecing

Select all your 2%'' (6½cm) strips of various fabrics and lengths.

Attach the ¼ inch seam foot and select piecing stitch, insure the stitch length is 1.8mm

Seam together into one long  $2\frac{1}{2}$ " (6½cm) strip.

*Tip: Prior to joining your various strips, you may wish to layout your strips into a stitching order, to preview the finished result.* 

Cut your long strip into  $6 \times 16''$  (41cm) lengths. Stitch the strips together as pictured below. Then, attach the 2 x blue strips  $1\frac{34''}{x} \times 16''$ (4½cm x 41cm) to the top and bottom.



# Step 7 Cutting the strip piece cushion front

Using the ruler and rotary cutter, cut a diagonal line, from the top left of the second strip piece through to the top right of the 6th strip piece. See below images.



# Step 8 Attaching the ruffled strip

Attach the zig zag foot A

Select straight stitch. Use default stitch settings. With right sides together, pin one side of the ruffled piece to the top half of the patchwork cushion front . Then pin the bottom half to the ruffled piece. Before you stitch, check that the ruffled piece is sitting out to the side edges, you may need to adjust. Check that the ruffled piece is sitting free and not caught in the pinned seam. See below image.



When, all has been checked, stitch in the ruffled piece.

*Tip: Make sure your seam line is stitching inside the ruffle stitches, otherwise when you open out to the right side, you may see the ruffle stitch line.* 



Trim cushion front to measure 15½"x15½" (39½cm) Press.

*Tip: Do not trim any excess from the blue ruffle at this time.* 



#### Step 9 Cushion back

You have 2 x pink  $15\frac{1}{2}$ " x 13" (39cm x 33cm). On the shorter edge with the fabric selvedge, measure in  $2\frac{1}{4}$ " (6cm) and press.

Attach the ¼ inch seam foot. Increase the stitch length to 2.5mm, then top stitch along the pressed fold.

Next, measure in 2" (5cm) from the folded edge and topstitch, making sure you are catching the under folded fabric in your stitching. Do the same steps for the second pink back piece.

#### Step 10 Buttonholes

Take one of the pink pieces, on the edge you just topstitched, fold it in half and mark the centre, using a fabric erasable pen. Select the buttonhole stitch. Place button in the back of the foot. Attach the automatic buttonhole foot to machine.

Tip: Before sewing the buttonhole, place the needle thread through the buttonhole foot by placing a piece of fabric under the foot, press needle up/down button twice, then pull out the fabric, the thread will pull through the foot.

Stitch the buttonhole. (refer to machine manual for instructions on using buttonhole foot)

Now, measure and mark 3" (8cm) on both sides of the sewn buttonhole. Then, stitch buttonholes.



Open, buttonholes using the seam ripper.

Take the second pink cushion back piece. Lay the topstitched edge under the buttonholed piece to mark for the button placement.

Note: The 2 sections will be overlapping each other approx. 2" (5cm)

### Step 11 Sewing on the buttons

Attach the button sewing foot. On your machine open Sewing Applications and select Sewing on a Button application. OR

Set your machine to zigzag, stitch width 3.5mm and drop the feed dogs. Start with the needle in the left hole of the button, turn the balance wheel to check the needle does not hit the button, when the needle moves across to the right hole. Stitch over/back 5 times, then use lock-off button to finish.

Stitch on all 3 buttons, on the marked locations.

Then, button the 2 back pieces together.

#### Step 12 Joining cushion front and back

Press, the cushion top and back, if required. Place the top and back sections right-sides together and trim to measure 15½"x15½" (39½cm) Now, pin together.

*Tip: Make sure the blue ruffle is being sewn into the side seam.* 

#### Step 13

Attach the ¼ inch seam foot, then stitch around the outer edge of the cushion.

Then, turn through to the right side and press. Place the cushion insert into the cover.



NOTE: Use up your fabric scraps to make strip cushions.

FINISH.